

## Karate Session

NSS Volunteers trained by the Karate Instructor Ajay Kumar in the college campus



Day, 7, 28<sup>th</sup> December 2016, Wednesday The last day of the camp began with a karate session in the college campus held by Mr. Ajay Thakur, Professional Trainer at Indira Gandhi Rajya Khel Parisar. The session was super exciting and our volunteers learned many self defense techniques. In the afternoon session our principal praised everyone and appreciated us to be a part of the camp and to make it successful. Some students shared their experiences and then the camp was dismissed. It was truly a great learning experience for all the volunteers.

Ritika Mehta  
Press Secretary, NSS