RISE UP (YWCA OF INDIA)

DATE :16 October

Venue : YWCA OF SHIMLA (CONSTANTIA) in front of evening college Shimla

A round table conference was organised on 16 of October to promote gender sensitisation and comprehensive sexuality education among young girl and women. Our college girls from women cell and NCC and NSS took part in this round table conference. We were welcomed with goodies containg a key chain, a journal and a book mark , after being seated, we were introduced with our host of the day ,Miss Nikita Dhiman. She is was pass out student of Sanjauli college, and currently is pursuing her degree from JNU .WE WERE



ALSO SURROUNDED BY OTHERS TEACHER OF DIFFERENT INSTITUTIONS AND STUDENTS FROM OTHER COLLEGES. OUR CHIEF GUEST FOR THE DAY WAS DR. ANURITA SAXENA PRINCIPAL OF RKMV COLLEGE.

The program started with introduction of all students, followed by welcoming of chief guest,. She addressed us with her insightful words on gender Sensitization and lack of comprehensive sexuality education as a pressing need in our communities, she also touched topics like sex education and contemporary relationships ,her openness to the these topics and examples she shared ,made the session more interesting and left us with motivation to implement them in our college too.

The session was then followed by the Vise President of YWCA , Mrs Shefali Bharadwaj addressing us and sharing her knowledge with us , from how to build a safe space to generational gap between the Gen-Z and millennials campus problems, the gap between

college faculty and the student, solutions to bridge this gap and a lot more information on CSE .



Her knowledge filled our minds with new ideas, thoughts, self reflection and confidence. The session ended with felicitating mam with a potted plant and answering of questions by mam followed by lunch organised by the hosts .

Overall the experience was great, each one of us gained knowledge and The motivation to implement this knowledge in our college and community