

Report of the Three-Day Workshop on ‘Disaster Risk Reduction’ held in the Centre Of Excellence, Govt. College Sanjauli (HP)

The Disaster Management Cell of the Centre of Excellence, Govt. College Sanjauli, organized a training programme on Disaster Risk Reduction on the 16th, 20th and 21st of August 2018 in the college seminar hall, in collaboration with State Disaster Management Authority Himachal Pradesh and Shimla based Non-Government Organization, DOERS. The aim of the programme was to disseminate the information and to impart the knowledge regarding disaster preparedness and mitigation of its effects. The volunteers from the college RED CROSS, NCC, NSS, Rangers



& Rovers units were selected for this workshop to gain some practical knowledge in order to help the victims during and after a disaster have happened.

The chief guest of the event was Dr. Sadhna Thakur, wife of Honourable Chief Minister of Himachal Pradesh. She is a Medical Superintendent in Vidhan Sabha Hospital in Chaura Maidaan

and also chairperson of Hospital Welfare Society, Himachal Pradesh. She arrived sharp at 10 AM to grace the occasion. Dr C.B. Mehta, the Principal of the college welcomed the chief guest and accompanied her for lighting of lamp in front of Saraswati Maan. Dr. GP Kapoor, coordinator of Disaster Management Cell and the Red Cross Unit of the college expressed her views about the three-day training programme along with its implications. She also welcomed the chief guest and the Principal along with other dignitaries. She elucidated the role of SDMA and Disaster Management Act of 2005.

Dr. Sadhna Thakur shared her thoughts about disaster management and explained its importance to the students. She appreciated the steps taken by the college administration and its collaborators SDMA and DOERS for organizing an awareness workshop for the students of the college. She advised the students to take this training seriously so that they can carry this skill throughout their lifetime. They were appealed to use their acquired skills at the time of emergency. She also spoke about the man-made disasters like road accidents, human bomb, fire accidents etc. and natural disasters like cyclone, landslides, floods etc. which are also increasing day by day due to global environmental changes. She boosted the morale of the team and advised the students to keep these activities, going along with academics in the future too. At the end of the inaugural session Mr. Vishal Rangta, co-convener of the college Disaster Management Cell



thanked the chief guest for sparing her valuable time for the students. He also presented a vote of thanks to all other guests and invited everyone for tea.

After having tea, Dr. G.P. Kapoor made her presentation on overall view of disaster management of HP. She narrated all the possibilities of man-made and natural disasters of HP. She also explained the basic

concepts of hazard, vulnerability, risk etc. of disaster management and how the preparedness in pre-disaster period can be useful to mitigate the impact during the disaster and also after it. She elucidated the standard operating procedures for rehabilitation camps after the disaster.

In this session of Disaster Management and Disaster Profile of HP, understanding of hazards and disaster, vulnerability analysis, responsive and non-responsive preparedness for disaster; do's and don'ts of tools in Disaster Management were the overall highlights. The key consideration for child was focused on psychological care during the event of disaster. The session came to an end with vote of thanks and the participants dispersed for lunch.

After lunch Mr. NavneetYadav, Associate Chairperson of DOERS shared with us his know-how of how to react during disaster. He told us about the use of Information and Communication Technology (ICT) in disasters. He discussed with the participants how to make the college disaster management plan and what information is required to formulate it. He also explained why it is necessary to have disaster management plan for any public and private place or property. However, its framework and process was followed by group work. It was followed by fire risk mitigation & management basics of search and rescue operations. The practical demonstration regarding evacuation, transportation of burnt patients & fire fighting was very useful along with practical exercise of first aid. The participants dispersed for tea break and the vice president of the college Red Cross unit, Mr. Mayank thanked the faculty for his knowledgeable talk.



On 20th August 2018, the morning session was addressed by Ms. Anuradha and Ms. Nidhi, members of the DOERS. During their discussion, they demonstrated the impacts of

disasters (physical, economical, sociological and psychological) and also how psychology can play an important role for further rehabilitation of the disaster victims. During their interactive session, seven techniques of psychological care were taught with the help of different activities in which students participated actively. They told the students about the various impacts of disaster on pregnant ladies, children, orphans, old people and the need of psychosocial therapy during disaster. They formed various groups and told them to write about the different impacts of disasters.

In the evening session Dr. Shonim from IGMCI showed a presentation on medical first aid to volunteers. He educated how to uplift the patients who would have multi-fractured limbs during disaster. He also practically trained the students how to give the PCR, how to put the bandage and also how to stop the oozing of the blood.

In the morning session of 21st August 2018, Mr. Navneet Yadav reviewed the disaster plan and then he purposed four groups for the preparation of college disaster management plan.. A team comprising of four groups consisting of 9-10 volunteers each, was formulated to collect the data and identify hazards and places with potential for any disaster. Then they were sent to different blocks to hunt for the various hazards and disaster prone areas in the college. The participants visited all the blocks like science, arts, commerce, BCA, VVOC, library and administrative block



too. It was great fun and also was very informative as well as productive. The group leaders reported the various hazards and shared their views with the Principal of the college. The Principal later assured the students that all the necessary steps would be

taken to make the college safe.

In the evening session, Mr. Jagdish Sharma, CFO and Mr. D.C. Sharma imparted the knowledge



to the volunteers about fire outbursts and how to deal with it. They also shared some first aid knowledge with the volunteers and practically showed how to use different fire extinguishers for different types of fire.

In the end Dr. G.P. Kapoor thanked the principal for his immense support. Overall, the three-day training programme was very interesting,

informative and useful because it is going to remain forever with the participants.