

Report of Workshop on prevention of drug use and mitigation of the risk factor (2023-24)

The Department of Sociology organized a workshop on prevention of drug use in collaboration with Vyaktitva foundation on 04th December 2023. Principal Prof. Bharti Bhagra was Chief guest on this occasion. In her address Mam emphasised on need to prevent young generation from drug use and developing healthy habits for personality development. Mam Arunima Sharma founder of Vyaktitva foundation is involved in spreading awareness about drug use and its effects on society as a whole.



This workshop was divided into two sessions. Mr. Kulpreet Singh was resourceperson for first session. He said that substance use changes the way body works and effects a persons physiology including its psychology. It can change their feeling or behaviour in a way that is harmful to them physically and mentally. Preventing drug use involves fostering a supporting environment and addressing risk factors.

Major Vikas was resourceperson for second session. He elaborately talked about importance of self-confidence and personality in achieving success in life. Education, community programmes and parental involvement can play a vital role in abolishing the menace of drug abuse in society specifically among younger generation. Vice-Principal Dr. Ravinder Chauhan, Dr Ravinder Dogra, Prof . Vikram Bhardwaj and Mrs. Uma Kanwar were also present in this workshop. Vote of thanks was delievered by Prof. Prashant Thakur working as a Co-ordinator for this workshop. Workshop ended with national anthem.

