NATIONAL SERVICE SCHEME
GOVERNMENT COLLEGE SANJAULI, SHIMLA (H.P.)

ACTIVITY REPORT

Activity Name	Gender Sensitization and Comprehensive sexuality education
Date	16 October 2026
Venue	YWCA (Constantia) Shimla
Time	9:30 Am to 1:30 Pm
Unit	Girl's Unit
No. of Participants	01

Description of Activity:

Rise Up! Phase IV Roundtable Conference on Gender Sensitization and Comprehensive Sexuality Education.

The conference was organized by YWCA of India on 16 October 2026 at YWCA of Shimla. It focused on gender sensitization, women's empowerment, and comprehensive sexuality education. The session highlighted the importance of creating a safe and supportive environment where girls can openly discuss their problems and concerns.

Participation:
Our NSS volunteer , Kritika Thakur (B.A 2nd year),participated in the conference and gained valuable insights into gender equality, women's rights, and personal safety.

Objective:
The objective was to raise awareness about gender equality, encourage girls to express their concerns without fear or hesitation, and promote access to appropriate guidance and support.

Outcome:
The session encouraged participants to speak openly about their problems, seek help when needed, understand their rights, and contribute towards creating a safe and inclusive environment.

Invitation letter:

YWCA of India

since 1896

Kunjamma Mathew
National President
nationalpresident@ywcaindia.org

Dhiya Ann Mathew
National General Secretary
ngs@ywcaindia.org

Dear Sir/Madam,

Greetings

We write to you with utmost respect for a delegation from your institution for a roundtable conference being held in YWCA of Simla on **16th of October 2026**, on the topic **'Gender sensitization and comprehensive sexuality education'**.

YWCA is an International movement working for the empowerment, leadership and rights of women, young women and girls in more than 100 countries. YWCA of India is a pioneer Women's Rights movement dedicated towards empowerment of women, young women and girls in the country. Through the 125 years of its inception, through our 87 local associations, we strive to eliminate gender-based inequality in India through our intervention in programs and projects that specifically address the needs of the marginalized communities, women, young women and girls regardless of age, caste, religion or financial backgrounds.

What we bring to the table now is a program **"RiseUp!"** Supported by World YWCA and sponsored by DFAT (Department of Foreign Aid and Trade) Australian Aid

Now, in the fourth year of its implementation, RiseUp! Has till now worked with all major colleges in Shimla and has connected with over 150+ young women participants in the city itself. Through these years, we conducted leadership and advocacy workshops with an empowering approach. This year under the theme of sexual and reproductive health and rights (SRHR), **we reached back to our alumni** and conducted a **pre advocacy session** to understand to understand the most pressing SRHR issue in Shimla and its colleges. After a series of informative sessions and activities, the participants chose **gender sensitization and lack of comprehensive sexuality education (CSE) as a pressing need in our communities**.

Taking these learnings further and moving from understanding to implementation, we invite a delegation from your respected institution for a **faculty member part of the women's cell, [as we are already engaged with students of the women's cell from your institution] and a student member of the NSS and NCC each.** Our specific delegation requirement fulfils our aim of further conducting gender sensitization workshops in their respective institutions to make it a more comfortable and safe space for all.

WHY GENDER SENSITISATION AND CSE?

Gender sensitization and Comprehensive Sexuality Education (CSE) are essential to fostering safe, inclusive and equitable educational spaces. **The National Education Policy (NEP) 2020** emphasizes holistic development, gender sensitivity, and ethical and human values, underscoring the importance of addressing gender inequalities and promoting mutual respect. However, gaps in awareness surrounding consent, relationships, gender equality, and sexual and reproductive health highlight the need for meaningful interventions in higher education institutions.

WHAT - Rise Up! Phase IV Roundtable conference on 'GENDER SENSITISATION AND COMPREHENSIVE SEXUALITY EDUCATION'
WHEN – 16th October 2026 at 9.30am to 1.30 pm [registration starts at 9.15 and the session is followed by lunch]
VENUE- YWCA of Simla [Constantia] in front of Evening college Shimla

Kindly RSVP BY 14th October
Warm Regards
Thanks & Regards,

Dhiya Ann Mathew, National General Secretary

Permission letter:

The Principal
Govt College
Sanjauli Shimla
14.10.2026

Sub: Seeking permission to attend a round table Confrence at YWCA, Shimla on the 16th of Oct'

Respected Madam

The YWCA of Shimla is organizing a round table conference on 16th of October, 2026 on the topic "Gender Sensitization and Comprehensive Sexuality Education", kindly allow a delegation of one faculty member - Dr Poornima Thapar four student members of the Women's Cell

a) Surbhi Thakur II yr c) Lavanya B Voc. I yr
b) Yamini II yr d) Manasvi BA I yr.

One student member of NCC - Aditi Sharma BA II yr and
One student member of NSS - Kritika Thakur BA II yr
to attend the conference at YMCA, Shimla on the 16th of October, 2026.

Dr Shivani Khabri
Convenor
Women's Cell.

Permission granted
Kanayani
14.10.26

Glimpses of the Activity:





Source:https://www.instagram.com/p/Dev7w9QGm7m/?rpxt=MTJya2V6dm0wOXV6dA==