



*Centre of Excellence* DEPARTMENT OF  
POLITICAL  
SCIENCE



**FREE THINKERS**

CLUB

## INTERACTIVE ALUMNI SESSION

- DATE: Friday, September 01, 2023
- Organised by free thinkers club of the department of political science
- **Centre of excellence, Government college sanjauli.**

# The invitation



- ▶ The free thinkers club of the department of political science were thrilled to organize a interactive Alumni Session.
- ▶ The guest for this session was Miss. Sapna who's a PHD research scholar in political science who has qualified NET/JRF at quite a young age.
- ▶ **The primary purpose of the session was to provide a platform for our alumni to share her experience at the alma mater and discuss various aspects of her academic and Professional journey.**

# The Alumni



# Key points discussed



## ▶ **Sharing Experiences:**

- ▶ Alumni member sapna, shared her experience during her time at the alma mater. she highlighted the significance of her academic journey and the valuable lessons she learned during her studies.

## ▶ **Sharing Strategies during studies:**

- ▶ our esteemed alumni shared different strategies during studies such as: When preparing for studies, give proper attention and focus to accumulate study material. Priority based learning, engage and prioritize writing to retain ideas effectively . Make self-decisions and stay strong in choosing your academic path. Prioritize subjects, and focus on both academic and personal development.

## ▶ **Future Ventures After Graduation:**

- ▶ Miss Sapna focused on two main ventures academic and the procedure and methodology qualifying entrance exams like UGC/NET. She shared insights into the requirements and benefits of pursuing these paths.

# Insights and Q and A Session

- ▶ The Q&A session added another layer of depth of the alumni meeting, allowing us to gain Insight directly from sapan's experiences. Her candid responses provide valuable perspective, ethical considerations & effective study techniques.

1. During the Q&A session the participants raised question That how we can grab the opportunity to study in Abroad?

- ▶ Sapna's response highlighted that To get the opportunity to study in Abroad, you can start by researching universities and programs that interest you. Look for scholarships, grants, that can support your journey.

2. The second question Was on vlog writing .

- ▶ She emphasis the importance of learning in vlog writing. We should read and read more. Only then we can create thought.

3. The next was details about JRF.

- ▶ Miss Sapna provided details about JRF. JRF stands for Junior Research Fellowship. It is a prestigious research scholarship offered to candidates who qualify in national-level entrance exams like UGC NET or other similar exams. JRF provides financial support to pursue research in various fields and can be a stepping stone towards a career in academia or research.

# Group of participants



Many students attended the session, not just political science students. There were more than 150 students from different streams. Quite a diverse group!



# आत्मविश्वास और समय प्रबंधन से लक्ष्य हासिल करना आसान

स्टाफ रिपोर्टर—शिमला

शहर के प्रसिद्ध संजौली कालेज में शनिवार को कालेज की पूर्व छात्रा सपना ने राजनीतिक विज्ञान विभाग के विद्यार्थियों के साथ अपने विचार साझा किए।

उन्होंने कहा कि आत्मविश्वास और समय प्रबंधन के माध्यम से विद्यार्थी कोई भी लक्ष्य हासिल कर सकते हैं। किसी भी लक्ष्य को हासिल करने के लिए समय प्रबंधन जरूरी है। जैसे-जैसे समय प्रबंधन का नियम मजबूत होता जाएगा, विद्यार्थियों में आत्मविश्वास भी बढ़ता जाएगा। उन्होंने छात्रों को बताया कि वे किस प्रकार परीक्षा की उचित रणनीति बना सकते हैं, जिसके माध्यम से कोई भी परीक्षा



उत्तीर्ण की जा सकती है। सपना ने छात्रों को नेट-जेआरएफ, सेट परीक्षाओं की जानकारी दी और बताया कि राजनीति विज्ञान विषय में छात्रों के पास बहुत से रास्ते हैं। उन्हें सिविल सर्विस, सहायक प्रोफेसर और अन्य प्रतियोगी

परीक्षाओं के लिए राजनीतिक विज्ञान विषय की समझ जरूरी है। बता दें कि सपना ने पंजाब विश्वविद्यालय से एमए और एमफिल की डिग्री हासिल की है। वर्तमान में वह पंजाब विश्वविद्यालय से ही राजनीतिक

विज्ञान में पीएचडी कर रही हैं। राजनीतिक विज्ञान विभाग में सहायक प्रोफेसर अभिषेक ठाकुर छात्रों को प्रोत्साहन करने के लिए विभाग में कई गतिविधियां करवाते रहते हैं। अभिषेक ठाकुर ने कहा कि वह आने वाले समय ने

छात्रों के लिए ऐसी कई गतिविधियों का आयोजन करेंगे, जिससे उनके छात्रों को बहुत कुछ सीखने को मिलेगा। सपना ने सहायक प्रोफेसर अभिषेक ठाकुर का उन्हें कालेज में बुलाने के लिए धन्यवाद किया।

The Alumni session was covered by Divya Himachal newspaper!  
Raising awareness among people is an important objective of Our knowledgeable session.

# Thanks

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