

THE BHARAT SCOUTS AND GUIDES

GOVT COLLEGE SANJAULI, SHIMLA



Participation by Rangers in Regional Level Self Defence Training

Three Rangers of scout and Guide unit Sanjauli attended Five days regional Level Self – Defence Training Camp for northern region at State Training center Rewalsar Mandi, H.P from 4-8 December 2024. The training equipped the rangers with various self defence skills necessary to protect themselves in remote or high – risk areas. The Rangers were taught about team co – ordination during rescue missions to ensure collective safety and success. The participants underwent rigorous training sessions covering various aspects of self – defence techniques, personal hygiene, physical fitness and mental well being.

Name of The Participants

Sr.No	Name	Class	Roll No
1	Mamta	BA3rd year	22513012
2.	Anshuli	BA2nd Year	23504044
3.	Neha	BA1st Year	24506017



Some Pictures

