

Report on Ambulance Man Proficiency Badge Training

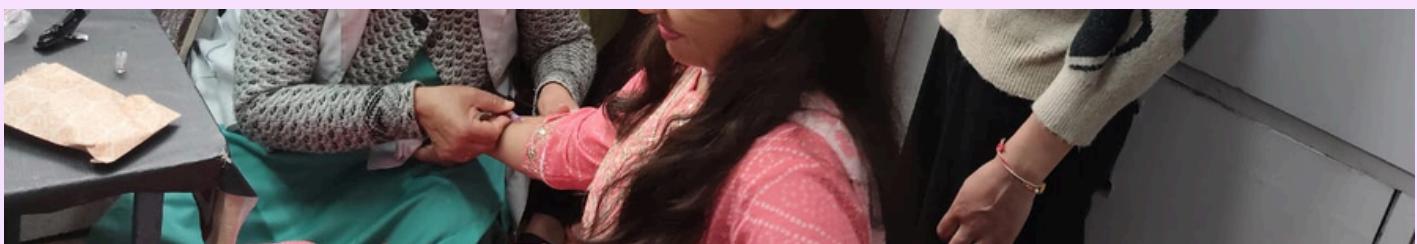
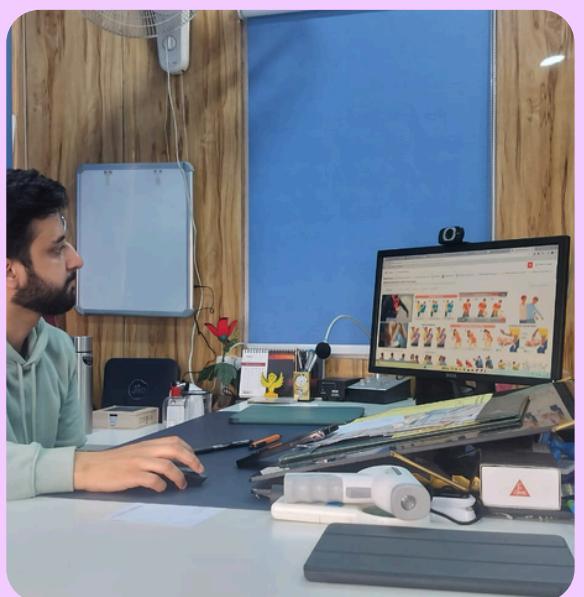


Date: September 2025 to 5 December 2025

Location: Primary Health Centre (PHC), Sanjauli, Shimla



The BSGHP Sanjauli Unit successfully conducted and completed the *Ambulance Man Proficiency Badge Training* over a structured period of *three months*, commencing in *September 2025* and concluding on *5 December 2025*. The training was held at the *Primary Health Centre (PHC), Sanjauli*, after duly obtaining prior permission from the *Chief Medical Officer (CMO), Shimla*, ensuring full institutional compliance and professional supervision.



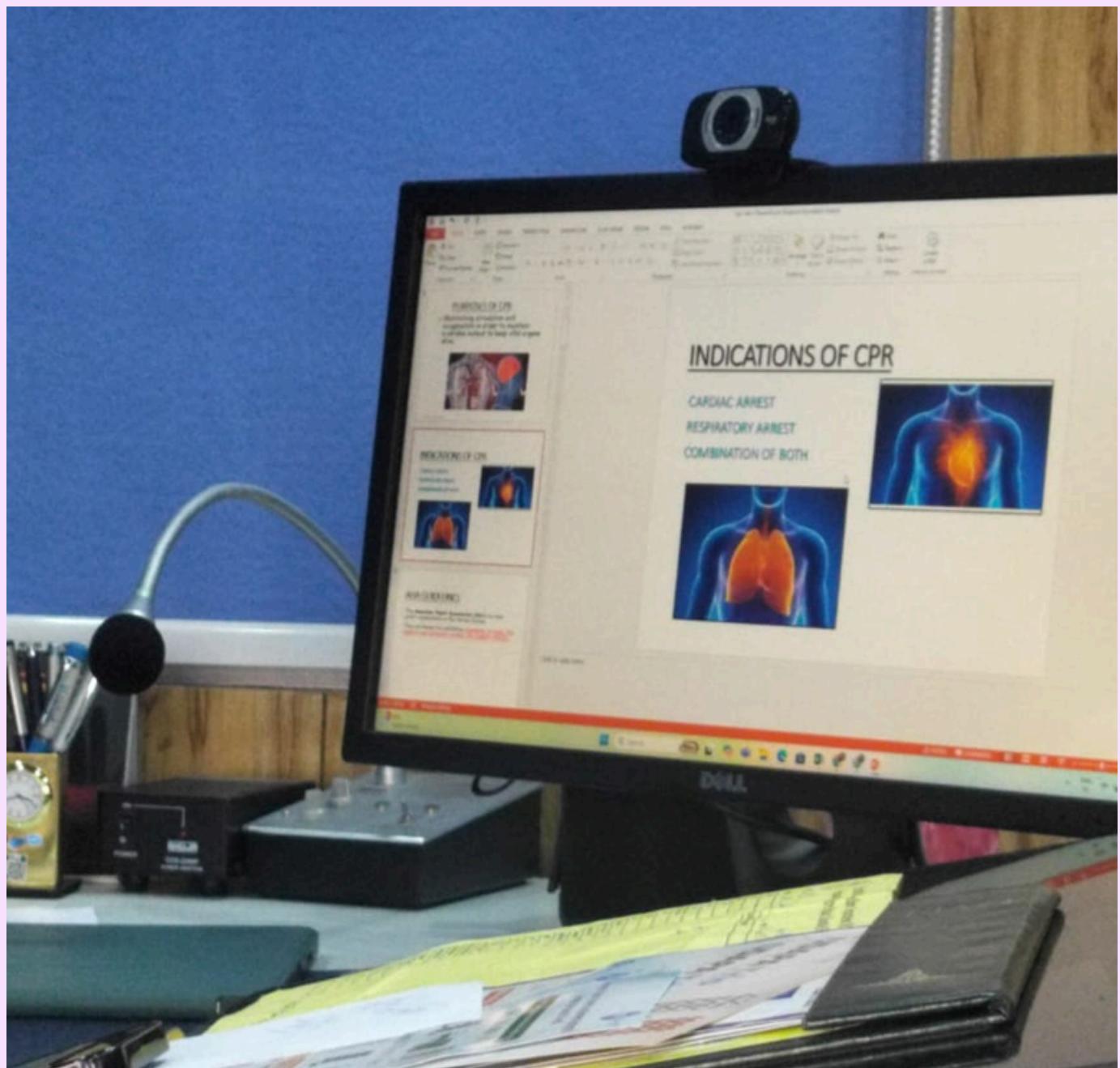


The primary objective of this training programme was to inculcate comprehensive ***first-aid knowledge***, sharpen ***emergency response capabilities***, and nurture ***discipline, teamwork, and an enduring spirit of service*** among the participants. The training adopted a balanced approach, integrating ***theoretical instruction*** with ***intensive hands-on practical exposure***, delivered under proper guidance in a real medical environment.

Throughout the training duration, participants were systematically trained in a wide range of ***life-saving skills***. These included ***basic first aid***, ***Cardiopulmonary Resuscitation (CPR)***, ***patient handling techniques***, and ***various rescue procedures***.



Detailed instruction was provided on the management of *cuts, wounds, burns, bleeding, fractures, fainting*, and other common medical emergencies. Special emphasis was placed on the *safe lifting and transportation of patients, the correct use of first-aid equipment*, and the importance of *maintaining composure, alertness, and presence of mind* during critical situations.



The participants who successfully undertook and completed the training were:

- ***Mehak***, B.A. 3rd Year (Roll No. 23506018)
- ***Ishita***, B.A. 3rd Year (Roll No. 23506092)
- ***Kusum***, B.A. 3rd Year (Roll No. 23542015)
- ***Kunal*** Thakur, B.A. 2nd Year (Roll No. 24506021)
- ***Ananya***, B.A. 2nd Year (Roll No. 24509007)

The Ambulance Man Proficiency Badge Training proved to be a highly enriching and transformative experience for the members of the BSGHP Sanjauli Unit. It significantly enhanced their ***medical awareness, practical competence, discipline, coordination, and sense of humanitarian service***. The training has effectively equipped the participants to respond ***confidently, responsibly, and efficiently*** in emergency situations, empowering them to serve society with ***dedication, compassion, and readiness*** in times of need.

